

What's On - One to One Pregnancy Advice Centre Ellesmere Port

JUL

2018



SUN	MON	TUE	WED	THU	FRI	SAT	
Active Birth & Early Days Workshop 10am 01				Mini Magoos Baby Massage - 2pm-3pm (4 week course)* 05	Breastfeeding Support Portside Children's Centre 9.30-11.30 Bumps to Family Coffee Morning 930-1130 Coffee Tots Chester 06	Little Lambs Family First Aid 930am-1230pm* 07	
Hypnobirthing Workshop 10am-4pm* 08				Mini Magoos Baby Massage - 2pm-3pm (4 week course)* 12	Breastfeeding Support Portside Children's Centre 9.30-11.30 Bumps to Family Coffee Morning 930-1130 Coffee Tots Chester 13		
	Pregnancy Centering 530pm 16			Mini Magoos Baby Massage - 2pm-3pm (4 week course)* 19	Breastfeeding Support Portside Children's Centre 9.30-11.30 Bumps to Family Coffee Morning 930-1130 Coffee Tots Chester 20		
Hypnobirthing Workshop 10am-4pm* 22				Mini Magoos Baby Massage - 2pm-3pm (4 week course)* 26	Breastfeeding Support Portside Children's Centre 9.30-11.30 Bumps to Family Coffee Morning 930-1130 Coffee Tots Chester 27		
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		For info and to book, email info@121midwives.co.uk *All classes are free unless marked					